

# THE ROLE OF MAN ON THE CHANGING FISHERY POTENTIALS OF LAKES VICTORIA AND KYOGA

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## INTRODUCTION

Approximately 6% of the surface area of Uganda is covered by water. The total surface area of about 70,000 km<sup>2</sup> includes both the large and small systems of lakes and rivers. Among the lakes, the Uganda portion of Lake Victoria (30,000 km<sup>2</sup>) and Lake Kyoga (3,400 km<sup>2</sup>) together form the major component of Uganda's fishery resources. These two lakes are connected by the Victoria Nile and their fish faunas, described as Victorian (Greenwood, 1966) are closely similar. The main difference in their ichthyofaunas is the large number of haplochromine species in Lake Victoria which developed through explosive endemic speciation (Greenwood, 1958).

The fisheries of Lakes Kyoga and Victoria were, until the 1960's and the 1970's respectively, dominated by tilapiine and haplochromine cichlids. These were largely herbivores and detritus feeders. Fisheries based on such short food chains are, ecologically, the most efficient (Goldman and Horne, 1983). The exploratory survey conducted on Lake Victoria between 1969 and 1971 suggested that the cichlids constituted more than 85% of the total ichthyomass (Kudhongania, 1972). But a number of exotic fish species, including the herbivorous *Oreochromis niloticus* and the catholic, voracious predator, *Lates niloticus*, were introduced into the lucrative, slowly evolving traditional fisheries of Lakes Victoria and Kyoga. Following the establishment of the introduced fish species, together with other factors, the population dynamics and the commercial fisheries of the two lakes were greatly modified and are now closely tied to *L. niloticus* and *O. niloticus*. Many of the original fish species have declined or almost disappeared, leading to a shift to fewer target species for exploitation. How the fewer target species would continue to influence the mode and tempo of the performance of the fisheries within the changing ecosystems is a matter of public and international concern.

The drastic transitional patterns in Lakes Victoria and Kyoga fisheries illustrate the fragility of fish communities to biotic and abiotic undesirable changes even though the degree, mode and sequence of response by the various fish stocks may have been different.

### The Fishery Potentials of Lakes Victoria and Kyoga

A number of factors co-act to encourage high fish yield potentials from these two lakes. Lakes Victoria and Kyoga are comparatively shallow. Lake Victoria has a mean depth of about 40 m while Lake Kyoga has a maximum depth of only around 5 m. Shallow lakes are potentially more deep lakes, if other factors were to remain the same.

Both lakes have extremely irregular shores. This makes their shallow water/land boundaries very extensive. The terrestrial/aquatic boundary (together with the littoral zone, fringing swamps, affluent river systems) is a highly productive zone which comprises terrestrial and aquatic components of production. Its high nutrient load makes it rich in plankton and invertebrates which, in turn, encourage high fish production.

From the law of latitudes, biological productivity and diversity in tropical lakes would be expected to be high. The high tropical temperatures, intense illumination and prolonged growing seasons impart high productivity values to the systems. The photosynthetic activity in Lake Victoria, for instance, is relatively high (Talling, 1965). The greater diversity of fish species at low than at high latitudes appears to be the case both in the stable conditions of lakes and in the seasonally fluctuating conditions in rivers (Lowe-mcConnell, 1969). The fish yield from tropical African Lakes is about ten times the yield from north-temperate lakes (Henderson and Welcomme, 1974).

In terms of fish yields, Lake Kyoga (3,400 km<sup>2</sup>) is believed to be capable of producing 150,000 tons annually while the Uganda sector of Lake Victoria (30,000 km<sup>2</sup>) is estimated to have a potential yield of 180,000 tons (Welcomme, 1972). The two lakes are important not only for their lucrative multispecies fisheries but also for the evolutionary significance of the Lake Victoria cichlids to the world scientific community (Jackson, 1973).

### man's contribution to the dramatic changes in the Fisheries

The structure of an aquatic system is described by its morphometry, drainage basin, the distribution of physical properties (light, heat, etc), chemical components and biota (Goldman and Horne, *op. cit.*). Certain qualitative and quantitative factors which influence the structures of Lakes Victoria and Kyoga have been modified by the impact of man. The impact is the sum of the direct and indirect consequences of unguided activities.

#### i) Changes in the fishing gears and intensity

The traditional fishing gears were mainly basket traps, hooks and papyrus seine nets which did little damage to the stocks. As the fishing industry developed other forms of fishing came into use. These included the introduction of the flux gill-nets, the synthetic fibre gill-nets, the beach seines, the use of the outboard engines, the illegal use of the 'tycoon', and quite recently the cast nets, and the scoop and ring-nets for *Rastrinoobola* (*Engraulis*). On Lake Victoria limited trawl fishing has been reported.

The changes in the fishing gears came about partly as a need to develop the fishing industry by more effective fishing methods and partly because the multispecies fisheries of Lakes Victoria and Kyoga require different varieties of fishing gears for the equitable exploitation of the available resources. Although the developments in the multiple fishing gears produced positive changes in catch and species composition there have been side effects with negative consequences. As an example the beach seine is efficient in exploiting the haplochromine taxon of Lake Victoria, but it damages the breeding, feeding and nursery grounds of other fish (e.g. tilapinos):

In addition to the increase in the types and numbers of fishing gears, the number of fishermen has also been increasing as a result of the National demographic trends and employment needs. The sum of these two developments has contributed significantly to the changes in the dynamics of the fisheries.

#### ii) Destruction of the crocodiles and floating islands

Floating islands and crocodile populations were a common feature in certain areas of Lakes Victoria and Kyoga. Through the years the

crocodiles were hunted for their skins and because they destroyed the fishing gears. much of the aquatic vegetation and floating islands, for limiting the fishable areas, were also cleared. Those improvements have had the insidious consequence of altering the ecosystem structure and dynamics. Clearing the vegetation led to the loss of breeding and nursery grounds and, together with the reduction in crocodile count, permitted the increase in fishing intensity.

### iii) Indirect human perturbations along the lake shores

The area around Lake Victoria is highly populated due to the rainfall regime favourable for agriculture, and the proximity of the lake is convenient to urban and industrial developments. The same could be said of Lake Kyoga although to a lesser magnitude.

Human perturbations along the lake shores may arise from industrial effluents (chemical and thermal), vegetation clearing which may lead to silting (physical and chemical effects), agro-chemicals, petroleum oils, sewage and refuse disposal systems, etc. The effects of these are the least studied mainly due to their potential conflict of interests. But they have their direct hazards (e.g. poisoned biota) and may lead to eutrophication (Bugonyi, 1984).

Eutrophication alters the physical, chemical and biological characteristics of the aquatic systems (Goldman and Horne, op. cit.), and cultural eutrophication is more accelerated than natural eutrophication (Smith, 1972). Apart from the direct effects, there are the indirect consequences of eutrophication which are more profound (Nurnan, 1972).

Lake Victoria and Kyoga, being relatively shallow, respond rapidly to allochthonous inputs which readily blend into the aquatic systems. The impact normally begins within the inshore areas which are fundamental instruments in ecosystem dynamics particularly with regard to the recruitment processes (Kudhonganira and Twongo, 1985).

The area supports various life-history stages of a number of fish species, feeding at different trophic levels.

Affluent river systems within the area are essential for the mandatory behaviour of anadromous fish species.

The species of the traditional lucrative fishery, with short food chains, are more or less oligobathic (Kudhongania and Cordone, Op. cit.)

Since changes in the dynamics of a fishery often proceed in association, man's activities along the lake shores have a wide potential range of modifying the fisheries especially in the absence of sound strategies for the multidisciplinary use of the environment. (The need for integration of the various uses for the environment)

(iv) Lack of sound management strategies

Fishery management involves the application of measures aimed at sustaining and/or improving on the qualitative and quantitative socio-economic benefits from a given fishery. The viability of management decisions depends on the integrity of the scientific knowledge used, and on the timeliness and success of their implementation.

There has been no sound management schemes for Lakes Victoria and Kyoga since the gillnet mesh-size restriction on Lake Victoria was repealed in 1956. This lack arose from the difficulty in enforcing the necessary regulatory measures and in order to avoid the weight of conflicting interests. The inadequacy of control measures enabled the undesirable fishing practices and ecosystem disturbances to grow untrammelled.

(v) Introduction of exotic fish species, like the Nile perch

Nile perch (*Lates niloticus*) is widespread in Africa. It is a native of the Nile river from Lake Albert to the delta region and occurs in the Senegal, Niger and Congo river systems. 'It is present in Lakes Tanganyika, Chad, Volta and Turkana (Rudolf). But it was absent in lakes Victoria and Kyoga until its introduction there amidst a raspy debate for and against the move.

Lates was introduced into Lake Victoria, in the early 1960's, as a development strategy to convert the little exploited haplochromine stocks into Nile perch flesh. Prior to that Lates had been introduced into lake Kyoga,



which had similar ichthyofauna, as a test experiment. But the Nile perch was precipitately planted in Lake Victoria before the experiment on Lake Kyoga had been assessed. The phenomenon of Nile perch in Lakes Victoria and Kyoga clearly demonstrate the prudence of allowing enough time for scientific investigations.

Among the consequences which were not considered before hand included:-

The resilience of the traditional target stocks to the trophic interactions modified by Lates.

The consequences of interspecific competition between the exotic Lates (a cosmopolitan voracious predator) and the endemic predators Bagrus, Protopterus and Clariss.

The transitional patterns of the usually delicate exploited predator/prey systems, in the added presence of Lates.

Whether community energy flow would not be upset by over-grazing key trophic levels.

Besides Lates a number of tilapiine species, including Oreochromis niloticus (which is the largest herbivorous cichlid in this region) were introduced into Lakes Kyoga and Victoria. The successful establishment of O. niloticus and L. niloticus, which co-exist in their endemic habitat of Lake Albert, followed a similar sequence in both lakes.

#### The mode of Transition in the Fisheries

Current trends in the biogenic capacity and in population dynamics of the fisheries of Lakes Victoria and Kyoga have been directed by a combination of man-made factors. These include, intensified fishing regimes, cultural eutrophication, introduction of Lates and O. niloticus, and lack of competent management strategies. These and other factors drive the transitional patterns of the fisheries. There are dramatic changes in predation pressure, trophic structure, spatial distribution, species relative abundance and in the annual landings. It is not yet clear whether the new equilibrium level would be desirable or not. The most significant changes are:-

(i) The predominance of the Gxotic Lates niloticus and Oreochromis niloticus in the catch.

In Lake Kyoga the total landings increased from 4,500 tons in 1956 to about 110,000 tons since 1970. A few years ago, the most abundant fish in the main lake were O. niloticus, Lates and Rastrineobola (Engraulicypris) argentea. Lates and O. niloticus contributed more than 80% of the total catch but right now even these species particularly the Nile perch are declining rapidly (Dr. Twongo, pers. com.).

In Lake Victoria Lates and O. niloticus together constituted less than 0.3% of the total ichthyomass during the 1969/71 stock assessment survey (Kudhongania & Cordone, 1974) and in 1978 Lates formed about 5% of the commercial landings. By 1982 Lates constituted more than 60% of the annual catches.

(ii) The decline in the traditional commercial fish species.

The traditional fish species in Lake Kyoga contribute less than 20% of the fish yield. The few of those species still present are confined to the inshore and around areas with aquatic macrophytes (Ogutu-Ohwayo, 1985).

The traditional fishery of tilapiinos, Bagrus, Clarias, Protopterus haplochromines and a number of anadromous fish species (e.g. Labeo, Barbus, etc.) on Lake Victoria constituted up to more than 90% of the total harvest. But the same species now contribute less than 20% of the catch. The increase in Nile perch has been proportional to the decline in catch of the haplochromines. Haplochromines formed more than 80% of the estimated total biomass in Lake Victoria and are the main prey for Lates. The use of large mesh-size gillnets to capture Lates is likely to be responsible for the sporadic slight increases in catches of the endemic tilapiinos and some anadromous species (Ssentongo and Welcomme, 1985).

(iii) The developing fishery of Rastrineobola argentea (Mukene)

Rastrineobola argentea is a small, pelagic, zooplanktivorous cyprinid. Although it was present in the traditional faunas of Lakes Victoria and Kyoga,

it formed a conservative component of the commercial landings. In recent years *Rastrineobola* catches have increased significantly. This cyprinid appears to co-exist with Nile perch in both Lakes Victoria and Kyoga. Although it forms the main prey for adult Nile perch in Lake Kyoga (Ogutu-Ohwayo, *op. cit.*), and for certain age-groups in Lake Victoria (Acero, 1985), there are suggestions that the *Rastrineobola* fishery would continue to expand.

### Summary

The traditional lucrative fisheries of Lakes Victoria and Kyoga were based on similar multispecies ichthyofaunas. Man's activities on and around these lakes have both directly and indirectly assisted to modify the natural trends and components of the commercial fisheries. The exotic *L. niloticus* and *O. niloticus* together with the native *R. argentea* form the major component of current commercial landings. The total catches are higher but it is not yet clear whether the increase would endure --- given the fragility of predator/prey systems. The trophodynamics are still modifying and it is not certain how ecosystem function would be influenced. It is, therefore, prudent and desirable to undertake appropriate research investigations in order to guide the multiobjective activities of man on these lakes.

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